

# TRANS HEALTH INSURANCE GUIDE TO THE MARKETPLACE

NORTH CAROLINA 2025

# Plans sold through HealthCare.gov cannot:

**REFUSE TO INSURE OR DENY COVERAGE** based on gender identity **HAVE BLANKET EXCLUSIONS** that deny gender-affirming care **LIMIT ACCESS** to preventive services (like breast or prostate exams) based on sex assigned at birth, gender identity, or gender marker

#### **ALWAYS GET PRIOR AUTHORIZATION**

from your health insurance company for any gender-affirming care services or procedures. Forms are available through your healthcare provider. Contact your insurer for a list of their requirements.

#### **CLEAR COVERAGE**



**Plans explicitly cover** medically necessary genderaffirming care if you meet plan-specific requirements. Check plan documents for more information.

> Aetna CVS Health Blue Cross Blue Shield Cigna

#### **SOME EXCLUSIONS**



**Plans explicitly exclude some** gender-affirming care and may result in denials even if medically necessary. Call the insurer and check plan documents for more information.

CareSource Oscar

#### SILENT



**Plans may cover** gender-affirming care, but the plan documents are silent or unavailable. Call the insurer directly for more information.

Ambetter AmeriHealth Caritas Next

### **BROAD EXCLUSIONS**



**Plans explicitly exclude all** gender-affirming care and may result in denials even if medically necessary. Check plan documents for more information.

UnitedHealthcare

**Disclaimer: This information applies to gender-affirming care only.** These ratings were compiled by Out2Enroll through a review of silver marketplace plans. This Guide is provided solely for informational purposes and should not be used as a substitute for a full review of each plan based on an individual's medical needs. You should carefully **review each plan to ensure it meets your unique health needs**, including plans that are listed as having clear coverage.

## **EXPECT MORE, DEMAND MORE FROM ALL PLANS**

Coverage denied? Appeal, appeal. Learn more at bit.ly/2hGFuWn

**Exclusion in your plan? Discrimination by your insurer or provider?** File a complaint with your state insurance department or request an external review. Learn more at **out2enroll.org/consumer-resources** 

More info on choosing plans and navigating denials at transhealthproject.org

## **NEED MORE INFORMATION?**

For additional plan-specific information, please visit: **out2enroll.org/trans-guides** 

To make a free appointment with a trans-affirming assister, visit: **out2enroll.org/enrollment-help** 

4 out of 5 people can find a plan for \$10/month or less! Only at **HealthCare.gov**