

# TRANSGENDER **OUT** ENROLL HEALTH INSURANCE GUIDE TO THE MARKETPLACE

## **NEBRASKA** 2020

### Marketplace plans sold through HealthCare.gov CAN NO LONGER:

- REFUSE TO INSURE transgender people
- · HAVE EXCLUSIONS that deny all transition-related care
- DENY COVERAGE solely because you are transgender
- LIMIT ACCESS to "sex-specific" services (like hysterectomies or prostate exams) based on sex assigned at birth, gender identity, or gender marker

These new protections are key, but you may still have to fight for your right to health care.

#### **CLEAR COVERAGE\***



Medica

Plans explicitly cover some or all medically necessary transition-related care if you meet plan-specific requirements. Check the plan documents for more information.

#### **SILENT COVERAGE\***



**Bright Health** 

Plans may cover transition-related care but the plan documents are silent. Call the insurer or contact an assister.

### **PARTIAL COVERAGE\***



None

Plans explicitly exclude some transition-related care even if medically necessary. Check the plan documents for more information.

#### **NO COVERAGE\***



None

Plans explicitly exclude all transition-related care and may result in denials even if care is medically necessary. Check the plan documents for more information.

\*THIS INFORMATION APPLIES TO TRANSGENDER AND COSMETIC EXCLUSIONS ONLY. You should carefully review each plan (including plans that offer clear coverage) to ensure it meets your needs. This Guide is provided solely for informational purposes and should not be used as a substitute for a full review of each plan.

WE RECOMMEND ALWAYS GETTING PRIOR AUTHORIZATION FROM YOUR INSURANCE COMPANY FOR ANY HEALTH CARE RELATED TO GENDER TRANSITION. (Prior authorization forms are available from your health provider.)

#### EXPECT MORE, DEMAND MORE FROM ALL PLANS

- Coverage denied? APPEAL, APPEAL, APPEAL. Visit http://bit.ly/2hGFuWn to learn more.
- Exclusion in your plan? FILE A COMPLAINT at your state insurance department at https://doi.nebraska.gov/ or contact a legal organization at http://bit.ly/2hHkLxi
- · Discrimination by insurer or health provider? CONTACT a legal organization at http://bit.ly/2hHkLxi

#### WANT MORE INFORMATION?

For additional plan-specific information, please visit: out2enroll.org/2020-cocs

To make a free appointment with a trans-friendly assister, please visit: out2enroll.org/enrollment-help

Nearly 9 in 10 people get a discount to make health insurance more affordable. Learn more at HealthCare.gov