

TRANSGENDER HEALTH INSURANCE GUIDE TO THE MARKETPLACE

NEBRASKA

Marketplace plans sold through HealthCare.gov can no longer:

REFUSE TO INSURE or DENY COVERAGE based on gender identity

HAVE BLANKET EXCLUSIONS that deny gender-affirming care

LIMIT ACCESS to "sex-specific" services (like hysterectomies or prostate exams)

based on sex assigned at birth, gender identity, or gender marker

You should **ALWAYS OBTAIN PRIOR AUTHORIZATION** from your health insurance company for any healthcare related to gender transition. (Prior authorization forms are available through your healthcare provider.)

CLEAR COVERAGE



Plans explicitly cover medically necessary gender-affirming care if you meet plan-specific requirements. Check plan documents for more information.

Medica*

SOME EXCLUSIONS



Plans explicitly exclude some gender-affirming care and may result in denials even if medically necessary. Call the insurer and check plan documents for more information.

Blue Cross Blue Shield*
Oscar*

SILENT



Plans may cover gender-affirming care, but the plan documents are silent or unavailable. Call the insurer directly for more information.

Ambetter*

BROAD EXCLUSIONS



Plans explicitly exclude all gender-affirming care and may result in denials even if medically necessary. Check plan documents for more information.

None

*Under state law, gender-affirming care is not available for minors.

Disclaimer: This information applies to gender-affirming care only. These ratings were compiled by Out2Enroll through a review of silver marketplace plans. You should carefully **review each plan to ensure it meets your needs**, including plans that are listed as having clear coverage. This Guide is provided solely for informational purposes and should not be used as a substitute for a full review of each plan based on an individual's medical needs.

EXPECT MORE, DEMAND MORE FROM ALL PLANS

Coverage denied? Appeal, appeal. Learn more at bit.ly/2hGFuWn
Exclusion in your plan?

File a complaint with your state insurance department at doi.nebraska.gov

Discrimination by your insurer or healthcare provider?

Contact a legal aid organization at bit.ly/3R9k1oF

More info on choosing plans and navigating denials at transhealthproject.org

NEED MORE INFORMATION?

For additional plan-specific information, please visit: **out2enroll.org/2024-cocs**

To make a free appointment with a trans-friendly assister, visit: **out2enroll.org/enrollment-help**

4 out of 5 people can find a plan for \$10/month or less! Only at **HealthCare.gov**